



Reflection on our relationship with ourselves

What does god think of you?

How does this affect how you see yourself?

Do you think of yourself differently to you should?

Whose opinion really matters to do with identity and image?

What needs to change in your life to make God's opinion the most important?

Spend some time thinking through these questions



What about you?

What ONE thing could you do that will make a difference?

How will you change?