

Introduction

Welcome to the 2019/20 edition of *Inspirations* on our theme for this year, *Restore*.

At the heart of the most well-known Psalm, number 23, we are given the assurance that the LORD “...restores my soul.”

God is in the business of restoration. Since the Fall in the Garden of Eden, we have been in need of restoration. Our God sees the potential in each one of us to make us into the people He wants us to be. We know it will not happen fully until Christ returns but, for us, as followers of Christ here and now, the process has begun. Not only does God want to restore us when Christ returns, He wants to restore our souls each day, here and now.

This edition of *Inspirations* is full of ideas to help you as you plan and present your programme to women in various settings within your congregation on the theme *Restore*. The Opening Devotions can be used to help set the tone at the outset of each meeting. Alternatively, they can be used as an epilogue, as part of a retreat day/weekend, or as part of a PW Service. Icebreakers are included in order to create an atmosphere of informality.

The Programmes all have different aims such as: how our lives are changed by a personal encounter with Jesus; how we focus on our roles as stewards, taking care of the earth until Jesus returns; to consider how the first Christmas was a very important part of God’s plan to restore our broken relationship with Himself; to help us understand that failure is not final because, in Jesus, there is hope. There are also ideas for reflection, Bible Study, and retreat. For those who are creative, craft ideas are also included.

The *Inspirations* Subgroup has prayerfully considered the theme, *Restore*, and it is our prayer that this resource would be helpful to you as you equip and enable women to become disciples of Christ. It is our prayer that we will all be restored, or refreshed again in our souls, to continue to serve, love and follow Him.