

## SOMETHING TO THINK ABOUT

### PART 1 Engaging with your teenager



- What ONE thing really struck me about life with my teenage child?
  - What ONE thing can I do to create more space for quality conversation with my teenager?
  - What ONE thing can I work on to strengthen my relationship with my teenager?
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### PART 2 **Walking with your teenager**



- How can I model my Christian faith in everyday ways to my teenager?
  - How can I pray more regularly and purposefully for, and with, my teenage child?
  - What are the moments in our weekly family routine that might allow conversation about faith?
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