

## PSALM 51 SELECTED VERSES

Against You, You only, have I sinned and done what is evil in Your sight, so that You are proved right when You speak and justified when You judge. Cleanse me with hyssop, and I will be clean; wash me, and I will be whiter than snow.

### PRAYER

Every sin is against You, Lord God. It is my failure to go your way, my breaking of your commands. You are right to judge my sinfulness, yet what really breaks the heart is the knowledge that my sin deeply grieves you, yet you still love me anyway. Please wash me clean Lord, wash me whiter than snow. Amen

Let me hear joy and gladness; let the bones You have crushed rejoice. Create in me a pure heart, O God, and renew a steadfast spirit within me. Restore to me the joy of your salvation and grant me a willing spirit to sustain me. O Lord, open my lips and my mouth will declare your praise.

### PRAYER

It is almost too much to ask Father, but if you leave me forgiven yet not restored to fellowship with you I will be broken; lost. Your Holy Spirit has created in me a desire for fellowship with you that nothing else can satisfy. So, though it is bold, Lord, I ask for the restoration of joy and gladness, a pure heart and a steadfast spirit; a willing spirit and the joy of your salvation. O Lord, open my lips, and my mouth will declare your praise. Amen

### ASSURANCE IN CHRIST 1 John 1 v 9

If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.

### PRAYER

Thank you for this promise Lord, that if I will acknowledge my sin and not hide it you will forgive me and purify me from all unrighteousness. When the father of lies tells me differently I will remember this verse. Thank You Lord. Amen

### Revelation 12 v 10

Now have come the salvation and the power and the kingdom of our God, and the authority of His Christ. For the accuser of our brothers, who accuses them before our God day and night, has been hurled down.

### Romans 8 vs 1, 2

Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit of life set me free from the law of sin and death.

### PRAYER

Lord God, when I feel guilty help me to grasp that Jesus has done everything for me. Every iota of my sin has already been paid for and I can do nothing but humbly accept your grace and forgiveness. So may I gladly proclaim that there is now no condemnation for those who are in Christ Jesus.

But the accuser accuses me day and night and often I am wracked with false guilt. I look forward to the day when he will be thrown down; but until then Lord, help me to answer his accusations with the assurance that the law of the Spirit of life has set me free from the law of sin and death. Amen

### 1 Peter 2 v 12

Live such good lives among the pagans that, though they accuse you of doing wrong, they may see your good deeds and glorify God on the day he visits us.

### READINGS & PRAYERS

## TO HELP OVERCOME GUILT

“

Come now, let us reason together,” says the Lord. “Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool.”

”

Isaiah 1 v 18

## PSALMS OF REPENTANCE

### PRAYER



Lord God Almighty, This is no false guilt that I feel, the lies of the tempter to make me doubt your love. I have sinned! My sins are scarlet. They stain my heart and cause me shame in your holy presence. I can barely come before you at all and I know that if you truly showed me all of my sinfulness I couldn't stand it. It would be too much to bear. I approach you in prayer clinging to the promise that even though my sins are red as crimson you will wash me as white as snow through Christ Jesus, whose blood can wash the dirtiest sinner clean. Heavenly Father, "Nothing in my hand I bring, Simply to your cross I cling, Naked, come to You for dress, Helpless, look to You for grace; Foul I to the fountain fly; Wash me Saviour or I die." In Jesus name. AMEN

### PSALMS OF REPENTANCE Psalm 32 v 1-7

Blessed is he whose transgressions are forgiven, whose sins are covered. Blessed is the man whose sin the LORD does not count against him and in whose spirit is no deceit. When I kept silent, my bones wasted away through my groaning all day long. For day and night your hand was heavy upon me; my strength was sapped as in the heat of summer.

### PRAYER



Lord, I know something of the desire to be the person who has been forgiven. I understand something of the weight of your hand upon me with my heart groaning all day long over my sin. So why do I keep silent when I long for such blessing? This I don't understand, but surely it has to do with my pride, the shame of admitting my guilt. How my strength is sapped. Help me Lord to surrender to you.

Then I acknowledged my sin to You and did not cover up my iniquity. I said, I will confess my transgressions to the Lord — and You forgave the guilt of my sin.

### PRAYER



Lord, I acknowledge my sin. Nothing is hidden from you so it is pointless trying to hide it. I confess my transgressions to you Lord — I name them before you now..... Please forgive me the guilt of my sin. AMEN

Therefore let everyone who is Godly pray to You while You may be found; surely when the mighty waters rise, they will not reach Him. You are my hiding place, You will protect me from trouble and surround me with songs of deliverance.

### PRAYER



Father, thank you that you are my hiding place, my secure place when the floods of guilt rise and threaten to overwhelm me. You promise that I will not be overwhelmed. You will protect me from trouble and surround me with songs of deliverance. I do not deserve such assurance but my heart longs to be surrounded again with songs that assure me of your deliverance. May I not be slow and resistant but pray to you while you may be found. AMEN

### Psalm 51 selected verses

Have mercy on me, O God, according to Your unfailing love; according to Your great compassion blot out my transgression.

### PRAYER



Lord I deserve nothing as I come to you seeking forgiveness. I approach you only on the basis of your unfailing love in Christ Jesus. He alone is my hope and plea. Amen

Wash away all my iniquity and cleanse me from my sin. For I know my transgressions, and my sin is always before me.

### PRAYER



I know my sin Lord, but not as well as you. It is there before me, haunting me with the Evil One always accusing and pointing it out. Please, Lord, wash it all away, cleanse me from my sin. Amen