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| PsNo | **Opening Line** | **Source(s)** | **Author** | **Metre** | **Suggested**  **Tune(s)** | **Corresponding hymn & hymnbook ref** | **Web Link** | **Vocal Range** |
|  |  |  |  |  |  |  |  |  |
| 1 | Blessed are all they | IPH 262 | Michael Baughen | Irregular | Blessed is the man |  |  | C4 – D5 |
| 1 | Happy the People | Praise 1 | David Preston | 88 88 88 | Melita | Eternal Father  (IPH 603) |  | C4 – D5 |
| 1 | How Happy is the one | Grace Music | Dan Krieder | 66 66 88 | New Psalm 1 |  | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) - all psalms free to download! | C4 – D5 |
| 1 | The blest are those whose footsteps shun | Grace Music | Fred R Anderson | CM | New Britain | Amazing Grace  (IPH 486) | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | D4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 2 | Why do all the nations rage? | Praise 2a | David Preston | 77 77 77 | Dix | As with gladness  (IPH 307) |  | D4 – D5 |
| 2 | Why do the nations rage and cry | Praise 2b | Jim Sayers | DLM | Jerusalem | And did those feet? (IPH 200) |  | B4 – E5 |
| 2 | Why do the gentile nations? | Grace Music | The Psalter 1912 (altered) | 7777D | Aberystwyth or Hollingside | Jesus, lover of ..  (IPH 67) | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | D4 – E5  Eb4 - Eb5 |
|  |  |  |  |  |  |  |  |  |
| 3 | Lifter of my head | Grace Music | Dan Totten | 10 10 10 10 10 10 | Finlandia | Be still my soul  (IPH 79) | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | Eb4 - C5 |
| 3 | O Lord, my foes are multiplied | Book of Psalms for Worship |  | CM | New Britain/ any CM Tune | Amazing Grace (IPH 486) |  | D4 – D5 |
| 3 | How many are against me Lord | Psalms for Today |  | CM | Old 100th | All people that on earth |  | D4 – D5 |
| 3 | O Lord, how many enemies | Praise 3 | Mollie Knight | 88 88 D | Ye Banks | We cannot measure IPH367 |  | D4 – E5 |
|  |  |  |  |  |  |  |  |  |
| 4 | O hear my cry, my righteous God | Sing Psalms  Praise 4 | FC Scotland | CM | Belmont | Our Children Lord IPH 375 | [www.freechurch.org/praise-resources](http://www.freechurch.org/praise-resources) | Eb4 - Eb5 |
| 4 | Lord, will you answer when I pray | Grace Music | D Eiderkin & Isaac Watts | CM | Martyrdom | Approach my soul IPH 61 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | D4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 5 | O Lord, at early morning hear | Praise 5 | Isaac Watts / Jubilate Hymns | CM | St Stephen | IPH 580 |  | D4 – D5 |
| 5 | As morning breaks I call to you | Portglenone Psalms | Albert Baxter | CM | Ballerma | According to your IPH 379 |  | C4 – Eb5 |
| 5 | Give ear unto my words | Grace Music | David Regier | LM | O Waly Waly | O God of Faith IPH 522 |  | D4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 6 | O Lord, do not rebuke me | Praise 6 | David Preston | 76 76 | Bremen | God is my strong salvation IPH 84 |  | Eb4 - Eb5 |
| 6 | Lord, rebuke me not in anger | Grace Music | David Reiger | 87 87 D | Austrian Hymn | Glorious things IPH 143 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | Bb3 - Eb5 |
|  |  |  |  |  |  |  |  |  |
| 7 | From my pursuers keep me safe | Praise 7 | David Preston | DCM | Rachel or  St Matthew | How sweet the name IPH 208 |  | C#4 – D5 |
| 7 | O Lord, my God I take refuge in You | Psalms for Worship 7a |  | 10 10 10 10 | Woodlands | Tell out my soul  IPH 301 |  | D4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 8 | In all the earth O LORD, our Lord | Sing Psalms 8 | FC Scotland | CM | Winchester Old | While shepherds  IPH 340 | www.freechurch.org/praise-resources | E4 – D5 |
| 8 | O Lord, our Lord, how excellent | Grace Music | Fred R Anderson | CM | Any CM tune |  | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) |  |
| 8 | How great our God’s majestic name |  | T Dudley-Smith | LM | Duke Street | Fight the good fight IPH 557 | https://www.hopepublishing.com/find-hymns-hw/hw2095.aspx | Eb4 - Eb5 |
|  |  |  |  |  |  |  |  |  |
| 9 | Your praises Lord with all my heart | Praise! 9 | Veronica Medd | DCM | Noel  Kingsfold | It came upon  I heard the voice |  |  |
| 9 | O Lord most high | Grace Music | Psalter 1912 | LM | Old 100th | All people that on earth | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | D4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 10 | O Lord, why do you stand remote | Sing Psalms 10 | FC Scotland | CM | Any CM Tune |  | www.freechurch.org/praise-resources |  |
| 10 | In my hour of grief or need | Praise! 10 | T Dudley-Smith | 77 77 | Ravenna | Come, my soul IPH 247 |  | D4 – D5 |
| 10 | Lord, when evil times hold sway | Grace Music | Evangelical Psalter | 77 77 77 | Dix | As with gladness  IPH 307 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) |  |
|  |  |  |  |  |  |  |  |  |
| 11 | I’ve found my refuge in the Lord | Praise 11 | David Preston | 76 76 D | Tyrolese | The wise may bring IPH 338 |  | C4 – D5 |
| 11 | I find my refuge in the Lord | Sing Psalms 11 | FC Scotland | LM | Rockingham or  O Waly Waly | IPH 427  IPH 522 | [www.freechurch.org/praise-resources](http://www.freechurch.org/praise-resources) | D4 – Eb5 D4 – D5 |
| 11 | In God will I trust | Grace Music | Psalter 1912 | 11 11 11 11 | St Denio | Immortal Invisible IPH 25 |  | D4 – E5 |
|  |  |  |  |  |  |  |  |  |
| 12 | Help us O Lord | Praise 12 | Andrew King | 11 10 11 10 | Lord of the Years | IPH 125 |  | C4 – D5 |
| 12 | O Lord, where are the Godly now | Portglenone  Psalms 12 | Albert Baxter | 86 86 | Belmont | Our Children Lord IPH 375 |  | Eb4 - Eb5 |
|  |  |  |  |  |  |  |  |  |
| 13 | How long, O Lord, will you forget | Mission Praise 848 | Barbara Wollett | 86 86 | Irregular |  |  | D4 – C5 |
| 13 | How Long, O Lord, will you forget |  | Emma Turl | 87 87 D Iambic | How deep the Father’s Love | IPH 407 |  | B3 – B4 |
| 13 | How long will you forget me Lord | Praise 13 | Christopher Idle | CM | Dunfermline | God everlasting IPG 114 |  | D#4 – C#5 |
|  |  |  |  |  |  |  |  |  |
| 14 | The fool whose heart declares in pride | Praise 14 | Stephen Willcockson | CM | Martyrdom | Martyrdom  IPH 61 |  | D4 – D5 |
| 14 | The God who sits enthroned on high | Grace Music | Psalter 1912 | LM | Tallis’s Canon | IPH 90 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | D4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 15 | Lord who may venture where you dwell | Praise 15 | David G Preston | LM | Tallis’s Canon | IPH 90 |  | D4 – D5 |
| 15 | Lord, who may stay within your tent | Sing Psalms | F C Scotland | CM | Any CM tune |  | www.freechurch.org/praise-resources |  |
|  |  |  |  |  |  |  |  |  |
| 16 | O God, my refuge, keep me safe | Praise 16 | David G Preston | CM | Wetherby | Praise 16 |  | D4 – D5 |
| 16 | Lord, when the storms of life arise | Mirror to the Soul | T Dudley-Smith | 8 6 8 8 66 repeat last line | Repton | Dear Lord and Father  IPH 497 |  | Bb3 – Eb5 |
| 16 | Preserve us Lord, for you are God | Grace Music | Fred R Anderson | CM | Martyrdom | Martyrdom  IPH 61 |  | D4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 17 | Lord, hear my plea | Praise 17 | David G Preston | 10 10 10 10 10 10 | Finlandia | Be still my soul  (IPH 79) |  | Eb4 - C5 |
| 17 | Hear Me Lord, my plea is just | Grace Music | Dale R Eiderkin | 7 7 7 7 | Ravenna | Come, my soul IPH 247 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | D4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 18 | I love you, O Lord, you alone | Hymns for Today’s Church | Christopher Idle | 8 8 8 8 D | Jane | HFTC 475 | www.jubilate.co.uk/songs/i\_love\_you\_o\_lord\_you\_alone | B3 – Eb5 |
| 18 | I love you Lord, my strength | Grace Music | Fred R Anderson | DCM | Ellacombe | Hosanna, loud Hosanna IPH 405 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | D4 – Eb5 |
|  |  |  |  |  |  |  |  |  |
| 19 | The heavens declare God’s glory | Praise 19 | David G Preston | 7 6 7 6 D | Aurelia | The Church’s one foundation IPH 150 |  | Eb4 - Eb5 |
| 19 | The stars declare his glory | Church Hymnary 4 | T Dudley Smith | 76 86 86 | Gibson |  | https://music.churchofscotland.org.uk/hymn/10-the-stars-declare-his-glory | Eb4 - Eb5 |
|  |  |  |  |  |  |  |  |  |
| 20 | The Lord be near us as we pray | Praise 20 | T Dudley Smith | 8886 D | Safron Walden | Just as I am IPH 68ii |  | D4 – D5 |
| 20 | The Lord answer you | Grace Music | Fred Anderson | 11 11 11 11 | Gordon | My Jesus I love Thee | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | E4 – C5 |
|  |  |  |  |  |  |  |  |  |
| 21 | Lord, to you we lift our voices | Praise 21 | Christopher Idle | 87 87 87 | Regent Square | Glory be to God the Father IPH 160 |  | D4 – Eb5 |
|  |  |  |  |  |  |  |  |  |
| 22 | Why God have you forsaken me | Praise 22 | Brian Foley | LM | Rockingham | When I survey  IPH 427 |  | Eb4 - Eb5 |
|  |  |  |  |  |  |  |  |  |
| 23 | The Lord my shepherd rules my life | IPH 99 | Christopher Idle | 86 86 86 | Brother James | IPH 99 |  | C#4 – D5 |
| 23 | The Lord’s my Shepherd | IPH 427 | Stuart Townend | Irregular |  | IPH 427 |  | Eb4- C5 |
| 24 | This earth belongs to God | IPH 194 | Christopher Idle | Irregular | Prince of Denmark M | IPH 194 |  | B3 – B4 |
| 24 | The whole earth is the Lord’s | Praise 24A | David G Preston | DSM | Diademata | Crown Him IPH 449  Mission Praise 109 |  | E4 – E5  D4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 25 | All my soul to God I raise | Praise 25 | T Dudley Smith | 77 77 77 | Dix | As with gladness  IPH 307 |  | D4 – D5 |
| 25 | Lord, teach me all your ways | CH4 21 | Scottish Psalter 1929 | SM | Serenity | IPH Psalm Tune 162 |  | D4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 26 | I judgement Lord arise | Praise 26 | T Dudley Smith | DSM | Leominster | Make me a captive  IPH 563 or Praise 26 |  | E 4 – E5  D4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 27 | God is my strong salvation | IPH 84 | J Montgomery | 76 76 | Bremen |  |  | Eb4 - Eb5 |
| 27 | You’re my light and my salvation | IPH 102 | J C Ylvisaker | Irregular |  |  |  | D4 - B4 |
|  |  |  |  |  |  |  |  |  |
| 28 | O Lord, my rock, to you I cry | Praise 28 | Christopher Idle | 10 4 10 4 10 10 | Sandon | Lead Kindly light  IPH 106i |  | E4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 29 | Let al in heaven and earth unite | Praise 29 | Basil Bridge | 87 87 887 | Luther’s Hymn | We come before our Father’s God IPH 153 |  | D4 – D5 |
| 29 | Give to God both strength and glory | Portglenone Psalms 29 | Albert Baxter | 87 87 87 | Regent Square | Glory be to God the Father IPH 160 |  | D4 – Eb5 |
|  |  |  |  |  |  |  |  |  |
| 30 | I lift my voice, O Lord | IPH 91 | David G Preston | 66 66 88 | Darwall’s 148th | Rejoice the Lord is King IPH 454i |  | D4 – E5 |
| 30 | I exalt you, Lord eternal | Praise 30A | Jim Sayers | 87 87 D | Ode to Joy | Sing to God new songs IPH 236 |  | D4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 31 | Be gracious to me, O my Lord | Grace Music | Fred R Anderson | DCM | Kingsfold  LLangloffan | I Heard the voice  IPH 345 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | D4 – D5 |
| 31 | In you, O Lord, I’m resting | Portglenone Psalms 31 | Albert Baxter | 76 76 D | Aurelia | The church’s one foundation IPH |  | D4 – Eb5 |
| 32 | Happy are those, beyond all measure blessed | Praise 32 | Timothy Dudley-Smith | 10 10 10 10 10 10 | Yorkshire | Christians Awake! IPH 313 |  | C4 – E5 |
| 32 | How blessed the one who has received | Sing Psalms | FC Scotland | 8 6 8 8 6 | Orlington | The Psalms for Singing Tune 125 |  | E4 – F5 |
|  |  |  |  |  |  |  |  |  |
| 33 | Let all the righteous to the Lord | Praise 33 | David G Preston | DCM | Forest Green | O Little town IPH 330 |  | C4 – D5 |
| 33 | Rejoice you righteous in the Lord | Grace Music | Layton Talbert | DCM | Ellacombe | Hosanna, loud Hosanna IPH 405 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | D4 – Eb5 |
|  |  |  |  |  |  |  |  |  |
| 34 | Tell his praise in song and story | Praise 34 | Timothy Dudley-Smith | 87 87 D | Hyfrydol | Love divine IPH 509 ii |  | F4 – D5 |
| 34 | Through all the changing scenes of life | IPH 129 | Nahum Tate | CM | Wiltshire | IPH 129 |  | D4 – Eb5 |
| 34 | I’ll bless the Lord in every hour | Grace Music | Psalter 1912 | DCM | Ellacombe | Hosanna, loud Hosanna IPH 405 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | D4 – Eb5 |
|  |  |  |  |  |  |  |  |  |
| 35 | Contend, O Lord, with those | Praise 35 | Christopher Idle | 66 66 88 | Darwall’s 148th | Rejoice the Lord is King IPH 454i |  | D4 – E5 |
|  |  |  |  |  |  |  |  |  |
| 36 | No fear of God before the eyes | Praise 36 | Christopher Idle | 86 886 | Repton | Dear Lord and Father  IPH 497 |  | Bb3 – Eb5 |
| 36 | High in the heavens, eternal God | Grace Music | Isaac Watts | LM | Fulda (Walton) | We sing the praise IPH 426 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | E4 – Eb5 |
|  |  |  |  |  |  |  |  |  |
| 37 | Be still before the Lord |  | Sons of Korah | Irregular |  |  | [www.youtube.com/watch?v=uQ8SAM7lyyM](http://www.youtube.com/watch?v=uQ8SAM7lyyM) | ? |
| 37 | Fret not yourself | Grace Music | Elizabeth Dowdell | 86 86 86 | Brother James’s Air | The Lord my shepherd IPH 99 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | C#4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 38 | Rebuke me not in anger, Lord | Praise 38 | David G Preston | DCM | Kingsfold | I Heard the voice  IPH 345 |  | D4 – D5 |
| 38 | In your wrath and hot displeasure | Grace Music | Psalter 1912 | 87 87 D | Blaenwern | Love Divine IPH 509i | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | D4 - E5 |
|  |  |  |  |  |  |  |  |  |
| 39 | I kept my mouth from every sinful word | Praise 39 | Jim Sayers | 10 10 10 10 | Eventide | Abide with me IPH 661 |  | Eb4 – C5 |
| 39 | Almighty maker of my frame | Grace Music | Anne Steele | LM | Eden or other LM Tune | IPH 639 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | Eb4 - Eb5 |
|  |  |  |  |  |  |  |  |  |
| 40 | I waited for the Lord my God | IPH 503 | David J Montgomery | CM | French (Dundee) | IPH 503 |  | D4 – Eb5 |
| 40 | Patient in hope, I sought the Lord | Praise 40 | David G Preston | LMD | Jerusalem | Bring to the Lord IPH 200 |  | B3 – E5 |
| 40 | I waited patiently for God | Grace Music | Esther Arnold | DCM | Kingsfold | I Heard the voice  IPH 345 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | D4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 41 | Lord, may our hearts within us burn | Praise 41 | Timothy Dudley-Smith | 88 88 88 | Stella  St Catherine | Praise 41  IPH 515 |  | D4 – D5  D4 – C5 |
| 41 | Blessed is the one who cares | Sing Psalms 41 | FC Scotland | 10 10 10 10 | Eventide | Abide with me IPH 661 |  | Eb4 – C5 |
|  |  |  |  |  |  |  |  |  |
| 42 | As the fainting deer cries out | Praise 42 | David G Preston | 77 77 D | Aberystwyth or Hollingside | Jesus, lover of my soul IPH 67 |  | D4 – E5  Eb4 - Eb5 |
| 42 | As the deer pants for the water | IPH 488 | Martin J Nystrom | 87 87 89 87 | As the deer | IPH 488 or  Mission Praise 37 |  | D4 – D5 |
| 42 | Lord from sorrows deep I call | www.gettymusic.com | Matt Boswell & Mat Papa |  |  |  | https://www.youtube.com/watch?v=nATJFlTjJF0 | D4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 43 | God defend me, traitors rise | Praise 43 | David G Preston | 77 77 D | Aberystwyth or Hollingside | Jesus, lover of my soul IPH 67 |  | D4 – E5  Eb4 - Eb5 |
| 43 | Vindicate me O my God | Grace Music | Fred R Anderson | 76 76 D  Trocaic | Tempus ad Floridum | Spring has now unwrapped IPH 45 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | Eb4 - Eb5 |
| 43 | Before a wicked nation Lord | Grace Music | Book of Psalms for Worship | CM | Any CM tune |  | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) |  |
|  |  |  |  |  |  |  |  |  |
| 44 | We have heard of your deeds | Praise 44 | Gordon Booth | 12 9 12 9 D | Salamis - Athens | I think when I read  New Redemption 966 |  | D4 – Eb5 |
| 44 | O Lord we have heard | Grace Music | Evangelical Psalter | 11 11 11 11 | St Denio | Immortal, invisible IPH 25 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | D4 – E5 |
|  |  |  |  |  |  |  |  |  |
| 45 | My heart overflows with a godly theme | Mission Praise 472 | Carolyn Govier | Irregular | My heart overflows | Mission Praise 472 |  | B3 – C#5 |
| 45 | O King, you are most worthy | Grace Music | Matthew Searles | 76 76 T | Thaxted | O God beyond all praising IPH 222 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | Bb3 – D5 |
| 45 | With hearts in love abounding | Grace Music | Harriet Auber | 76 76 D | Morning Light | Stand Up, stand up  IPH 570 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | E4 – D5 |
|  |  |  |  |  |  |  |  |  |
| 46 | God is our strength and refuge | IPH 85 | Richard Bewes | Irregular | Dambusters |  |  | C#4 – D5 |
| 46 | God is our refuge and our strength | Grace Music | David P Regier | DLM | Before the throne | Before the Throne of God IPH 492 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | A3 - E5 |
|  |  |  |  |  |  |  |  |  |
| 47 | O clap your hands, all nations cry | Praise 47 | David G Preston | LM | Church Triumphant | The Lord is King IPH 240 |  | D4 – Eb5 |
| 47 | Clap your hand now all you people | Grace Music | David P Regier | 87 87 87 | Sicilian Mariner  Regent Sq | Mission Praise 649  Glory be IPH | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | D4 – D5  D4 – Eb5 |
|  |  |  |  |  |  |  |  |  |
| 48 | Great is the Lord; his praise is great | Praise 48 | Christopher Idle | LM | Duke St  Warrington | Fight the good fight IPH 557  Lord Jesus when your people meet IPH 180 |  | Eb4  -Eb5  D4 - Eb5 |
| 48 | God is great in Zion | Psalms for the Common Era | Adam Carlill | 65 65 D + refrain | St Gertrude | Onward Christian Soldiers IPH 149 |  | Eb4 -Eb5 |
|  |  |  |  |  |  |  |  |  |
| 49 | O people, listen – hear God’s wisdom crying | Praise 49 | Michael Perry | 11 10 11 10 | Lord of the Years  O perfect love | Lord for the years IPH 125  IPH 581 |  | C4 – D5  C4  -Eb5 |
| 49 | Come one and all, from near and far | Grace Music | Martin Leckebusch | LM | Deep Harmony  or Angel’s Song | Sweet is the work Praise 231 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | Eb4 -Eb5 |
|  |  |  |  |  |  |  |  |  |
| 50 | God, the Lord, the king almighty | Praise 50 | Christopher Idle | 87 87 D | Westminster Abbey  Ode to Joy | Christ is made IPH 138  Sing to God IPH 236 |  | F4 – Eb5  D4 – D5 |
| 50 | The Lord, the Judge, before his throne | Grace Music | Isaac Watts | CM | Dundee | The people who in darkness walked IPH 302 | [www.gracemusic.us/psalter](http://www.gracemusic.us/psalter) | D4 - Eb5 |