



## *Parentalk*

[www.careforthefamily.org.uk/parentalk](http://www.careforthefamily.org.uk/parentalk)

Parentalk is a plug and play parenting resource that any church or community setting to think through issues with children under 12 years.

The topics covered include:

- It's not just me
- Love them and let them know
- It's good to talk
- Boundaries and battles
- Parenting with elastic
- Creating a sense of belonging

The course is based on Biblical principles although is not overtly Christian which makes it easily accessible within a community setting. The resource includes real-life interviews, presenter discussions, video vox pops and animations.

It is full of practical advice and opportunities to share stories and experiences of parenting with this age group.

Each pack contains all that you need to run the course including a DVD, leader's guide and 10 copies of the parent notes.

If you are interested in running the course, Care for the Family are willing to give you a pack for free and to connect you in with parent forums etc. to help with the process.

Contact Care for the Family in Northern Ireland at:

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