

PERFECT LOVE DRIVES OUT FEAR

PRAYER



Heavenly Father, keeping control of my mind and thoughts is the hardest thing. I keep thinking the worst. By your grace help me to discipline my mind to think about things that are true, noble, right, pure, lovely, admirable excellent and praiseworthy. Let these shape my thoughts instead of dark fears.

The devil really is trying to have a field day with me. Right now, Lord I gladly cast all my anxieties upon you because you care for me. I may need to do the same again in five minutes time. But help me to keep on doing so until my heart is strengthened, firm and steadfast. Let the grace of the Lord Jesus be with me and all whom I love. AMEN

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Romans 8 v 15

For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by Him we cry, "Abba, Father."

Hebrews 2 v 14, 15

Since the children have flesh and blood, He too shared in their humanity so that by His death He might destroy him who holds the power of death – that is, the devil - and free those who all their lives were held in slavery by their fear of death.

1 John 4 v 18

There is no fear in love. But perfect love drives out fear, because fear has to do with punishment.

2 Timothy 1 v 7

For God has not given us the spirit of fear; but of power, and of love, and of a sound mind.

Hebrews 13 v 5, 6

God has said, "Never will I leave you; never will I forsake you."

So we say with confidence, The Lord is my helper; I will not be afraid.

PRAYER



Abba, Father, my love for you is far from perfect, but your love never wavers or changes. It does not blow hot and cold. It does not change with the wind. It is not subject to mood swings. Father, I do not understand why things are as they are just now but I thank you that I can be confident that your love will remain constant. May your perfect love drive out my fears. Give to me, in greater measure, your Spirit of power, love and sound mind, through Jesus Christ my Lord. AMEN

READINGS & PRAYERS

TO HELP OVERCOME FEAR

“ For God has not given us the spirit of fear; but of power, and of love, and of a sound mind. ”

2 Timothy 1 v 7

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THE LORD IS MY STRENGTH

Deuteronomy 31 v 8

The LORD Himself goes before you and will be with you; He will never leave you nor forsake you. Do not be afraid; do not be discouraged.

2 Kings 6 v 16

"Don't be afraid," the prophet answered.

"Those who are with us are more than those who are with them."

Isaiah 12 v 2

Surely God is my salvation;
I will trust and not be afraid.
The LORD, the LORD,
is my strength and my song;
He has become my salvation.

PRAYER

Lord God Almighty, let the power of your name bring strength to this flagging and trembling heart. I am weak but you are strong. I know little and you know all things. Let me lean on your strength for even your weakness is stronger than mans strength. AMEN



GOD IS FAITHFUL

2 Thessalonians 3 v 3

But the Lord is faithful, and He will strengthen and protect you from the evil one.

2 Timothy 2 v 11-13

Here is a trustworthy saying: If we died with Him, we will also live with Him; if we endure, we will also reign with Him. If we disown Him, He will also disown us; if we are faithless, He will remain faithful, for He cannot disown himself.

PRAYER

Lord, courage and endurance are hard to find at present. I would rather be in a position of not needing courage and I would rather not have to endure. But I must. So help me Lord. You will remain faithful, may I not be faithless. AMEN



GOSPELS

Matthew 10 v 29 -31

Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from the will of Your Father. And even the very hairs of your head are all numbered. So don't be afraid; you are worth more than many sparrows.

John 15 v 13

Greater love has no one than this, that He lay down His life for His friends.

PRAYER

Lord, thank you for this reminder of the worth and value that you place on our lives. Help me also to look at the cross and see that it is the greatest testimony of your love. You suffered so much for us. Let me trust in you and in trusting, not doubt your love, Your commitment or your compassionate care, even when the way is dark and I cannot see ahead. In Jesus name I pray. AMEN



John 14 v 27

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

PRAYER

Lord, you know my heart is troubled just now. It's about all I can do just to get through each day. How I need some peace. Lord you tell me not to let my heart be troubled or afraid. I can't do that by myself. Help me Lord to be still and in the stillness let your peace descend on my troubled heart like a warm blanket. AMEN



THE GOD OF PEACE WILL BE WITH YOU

Philippians 4 v 8, 9

Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable - if anything is excellent or praiseworthy - think about such things. Whatever you have learned or received or heard from me, or seen in me - put it into practice. And the God of peace will be with you.

1 Peter 5 v 6, 7

Humble yourselves, therefore, under God's mighty hand, that He may lift you up in due time. Cast all your anxiety on Him because He cares for you.