



Commit

10 PRACTICAL STEPS

There are lots of ways in which we can and should change our lifestyles.

1. **Repent.** If you've been sore on God's world, confess that to him and change your ways.
2. **Remember it's still God's world.** That includes people, animals, the soil, plants, air, sea, the lot.
3. **Reduce, reuse, recycle.** Do we really need all that 'stuff'? Sure? There are over 7,000 million of us!
4. **Think travel.** Take the Bus more and the car less. For short journeys, could you go by bicycle or walk?
5. **Love animals** and buy products which respect God's creatures and contribute to their well-being.
6. **Wear better clothes.** Ethical clothes so that all the people in the chain get a fair deal. No slave labour!
7. **Wear more clothes.** Turn down the heat, and turn to renewable energy for a lower carbon footprint.
6. **Eat your veg and fruit.** Aim for at least five portions a day especially local, organic and fair trade. Fair's fair.
7. **Think sustainable** – paper, fish and everything else; there's a lot of us and we need to think of the next lot!
8. **Be aware of nasties** – chemicals, cleaners and the like. Buy ones not tested on animals and not harmful to God's world.
9. **Enjoy.** It's still a wonderful world so get outdoors, and get indoors to church every Sunday to worship the Maker too!
10. **Be a steward of creation.** Make ethical choices and show producers that right and wrong still matter.