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Location: **Nairobi, KENYA**

Mission: **Christian education**



Captain Overload

It's not an uncommon sight to see a vehicle heavily laden with goods on the busy city roads. However, this motorbike slowed us down to a crawl as it struggled carrying its load uphill. The crates were packed two rows deep and piled five high, with extra luggage dangling from the sides and back.

I wondered how this delivery man was going to make it safely to his destination. I thought of the many potential dangers that lay ahead of him – bumps and potholes, speeding drivers, oblivious pedestrians and really big lorries. I prayed while wondering how he'd stop without the cabbages, carrots, potatoes and other produce tumbling out and spilling everywhere. Could he do it on his own?

As we continued travelling in his wake, I noticed written on the mud flap the word – "Captain". Perhaps this captain chose to carry the maximum number of items he could get on his bike. Or maybe he was following orders as the rider and not the owner of the business. I stayed behind him until our turn off. Then I noticed the long line of cars and realised his massive cargo had an impact on many other road users as well.

When life's burdens overwhelm you like the cargo on this motorbike, the best way of dealing with it is to release each burden to God. Imagine yourself promptly delivering the fragile packages along with the heaviest items and the slippery-shaped ones that are difficult to grasp, to the only one who can handle it all with care. This is the journey of faith in God and not in our own abilities!

Captain Overload reminds me to live in full dependence on God's power and strength each day and not on my own.

Thank you for your continued prayers that support us through times of labour and times of rest.



Prayer points

- Matthew 11:28 "Come to me, all you that labour and are heavy laden, and I will give you rest." Pray for us as a family, that we will obey Jesus' command to rest and set aside the normal routines so that we can be refreshed. Also remember our children, Aaron and Silas, as they change schools.
- Ask for progress to continue being made in the development of the various writing projects – the VBS peace lessons for children, the TEE mentorship guide book for teens and The Chosen worksheets for youth.
- Especially pray for the delivery of vaccines eagerly awaited in Kenya. Pray against the threat of another deadly variant anticipated to arrive soon in Nairobi and Mombasa.